

WORKSHOP WITH PARENTS

At the beginning of the workshop, we conducted a brief survey to assess parents' knowledge about digital safety. Many parents indicated they had not encountered dangerous situations online. However, a significant number left this question unanswered. During the workshop, we discovered that many parents were unsure about who to ask in the case of a digitally dangerous situation. About half of the parents left this question unanswered as well.

Throughout the workshop, we aimed to clarify these uncertainties. We provided detailed explanations of various digitally dangerous situations, such as cyberbullying, phishing, and identity theft. Parents learned to recognize the signs of these threats and how to respond appropriately. We also discussed the importance of establishing a support network for addressing digital safety concerns. This included contacting trusted sources like family members, teachers, or digital safety organizations. Interactive sessions were conducted to help parents identify and avoid potential online dangers. Real-life examples were used to illustrate the risks and effective responses.

In addition, we educated parents on how to recognize if their child is experiencing problems in the digital world. We discussed the signs of exposure to digitally dangerous situations. These signs include changes in behavior, secrecy around online activities, and emotional distress after using the Internet.

Our discussion led to the creation of a brochure on digital safety. This brochure aims to help other parents identify potential dangers in the digital world. It includes information on common digital threats. The brochure also provides practical tips for monitoring children's online activities. It advises parents on setting up privacy controls and having open conversations about internet use. Additionally, the brochure offers guidance on how to respond to digital safety issues.

During the workshop, parents learned the importance of maintaining open communication with their children. They were encouraged to create a supportive environment where children feel comfortable discussing their online experiences. This approach helps in early identification and resolution of digital safety problems.

The workshop underscored the need for parents to stay informed about digital trends and threats. Continuous education and vigilance are crucial in ensuring children's online safety. The brochure serves as a valuable resource for parents to refer to as they navigate the digital landscape with their children.

By the end of the workshop, parents felt more confident in their ability to protect their children online. They appreciated the practical strategies and resources provided. The creation of the brochure was a collaborative effort, reflecting the collective wisdom and concerns of the parents.

This initiative highlights the importance of community efforts in enhancing digital safety. The brochure will be distributed to reach as many parents as possible. Overall, the workshop and the resulting brochure aim to empower parents with the knowledge and tools needed to safeguard their children in the digital age.

Age range (years)	
30-35	7
36-40	11
41-45	5
46-50	2
	30

Have you ever been in digitally dangerous situation?		
Yes	No	Without answer
0	6	24
0	20%	80%

Who to contact when you have digital safety problems			Which data are acceptable to share online with unknown persons?		
Adult person, friend	Police, relevant institution	Without answer	Correct	Incorrect	Without answer
1	14	15	18	7	5
3%	47%	50%	60%	23%	17%

At the end of workshop, we gave parents a substantial questionnaire to see how much they acquired knowledge about digital safety. The questionnaire consisted of sixteen questions with multiple choice answers. Students needed to give correct answers in their opinion. This is the same questionnaire that we gave to the students.

1. What should you do if you receive a message from an unknown person asking for your personal information?

- A) Reply to the message and send the requested information**
- B) Ignore the message**
- C) Report the situation to an adult you trust**

2. What constitutes safe behavior on social networks?

- A) Sharing your current location**
- B) Privacy settings and control who can see your posts**
- C) Accepting all friend requests**

3. What should you check before downloading an app or game?

- A) You check the reviews**
- B) You don't need to check anything, just download the application or game immediately**
- C) You ask your friends to take it off for you**

4. What is a digital footprint?

- A) Print on a digital scanner**
- B) A series of data that we leave each time we use the Internet**
- C) Digital device**

5. If you see someone suffering online violence, what should you do?

- A) To join in and make fun of the one who suffers digital harassment**
- B) To ignore the whole situation, it's not your problem**
- C) To report on the platform or to an adult you trust, that is, to seek help**

6. If you come across inappropriate content on the Internet, what should you do?

- A) To share it with your friends**
- B) To report it and to discuss it with an adult you trust, that is, to seek help**

C) To save it on your device

7. What should you do if someone is harassing you online?

A) To threaten him

B) To ignore him

C) To block a person and to report inappropriate behavior on the platform or to an adult you trust, i.e. to seek help

8. What should you do if someone you don't know online suggests you meet in person?

A) I come to the meeting

B) I tell an adult I trust and discuss the situation

C) I ignore the request

9. Is it safe to share your password with friends?

A) Yes, if I believe them

B) No, because it is not safe to share your passwords with anyone

C) Yes, provided they share their password with me

10. What are the risks of posting personal information, such as address and phone number, online?

A) There is no risk, it is common and normal

B) It can lead to a violation of privacy and unwanted situations and contact

C) It's not a risk, it just makes my profile look more interesting.

11. What will you do if you get a message that you will get a free phone or some other gift if you click on a link?

A) You click on a link to get a phone or a gift

B) You ignore the message

C) You report a message on the platform

12. Is it okay to use the same password on every account?

- A) Yes, because that's the easiest way to remember it**
- B) No, because it increases the risk of the account being hacked**
- C) Yes, but only for non-essential orders.**

13. What should you do when you know that someone is suffering from online violence?

- A) To make fun of him**
- B) To advise him or her to report the violence or to seek help for him or her**
- C) Nothing, because it is none of your business.**

14. How should you react when you receive an anonymous online threat?

- A) You answer and defend yourself**
- B) You block the sender and report him on the platform or to an adult you trust**
- C) Nothing, that's normal**

15. What can be the consequences of participating in an online challenge with dangerous activities?

- A) Popularity on the Internet**
- B) Violations and illegal situations**
- C) Making new friends.**

16. What should be done with an email from an unknown sender asking for personal information and money?

- A) Answer and send him information, especially when a large sum is involved**
- B) Delete the email and report it**
- C) Forward the email to your friends so that they can also receive money**

The answers were following:

Question	A	B	C
1	0	23	7
2	1	29	0
3	28	2	0
4	2	26	2
5	0	1	29
6	0	30	0
7	0	2	28
8	0	10	20
9	0	30	0
10	0	30	0
11	0	12	18
12	1	27	2
13	0	30	0
14	0	30	0
15	1	29	0
16	0	20	0

By the end of the workshop, parents had a clearer understanding of digital safety issues. The final survey showed a significant increase in their awareness. They felt more confident in identifying digitally dangerous situations and knowing whom to contact for help. The workshop effectively bridged the knowledge gap that was evident at the beginning. Parents expressed appreciation for the practical strategies and resources provided. They were better equipped to guide their children in

navigating the digital world safely. The workshop emphasized the importance of ongoing education and vigilance in digital safety. We highlighted the need for continuous dialogue between parents and children about online activities. Encouraging open communication helps in identifying and addressing potential threats early. Parents left the workshop with a commitment to stay informed and proactive about digital safety.

Overall, the workshop not only increased parents' awareness but also empowered them to take active steps in ensuring their family's digital safety.